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| **Gifts of the Head**Things I know something about and would enjoy talking about with others, e.g., art, history, movies, birds. | **Gifts of the Hands**Things or skills I know how to do and could to share with others, e.g., carpentry, sports, gardening, cooking. | **Gifts of the Heart**Things I care deeply about, e.g., protection of the environment, civic life, children. |
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